# Our Pedagogy

Brookside Preschool's practice is shaped by trusted, research-informed early years pedagogy, including:

## • Nature-Based Learning

Our garden and outdoor areas are used daily in all weather, offering hands-on experiences that support sensory, motor, cognitive, and emotional growth.

## • Play-Based Curriculum (EYFS-Aligned)

We believe play is how children make sense of their world. We use the EYFS as a framework, with each child's interests guiding our planning and interactions.

# • Attachment-Informed Care

Inspired by attachment theory, we focus on building strong, secure relationships. Key persons provide continuity and emotional safety for every child.

### • Child-Led Exploration

We recognise each child as a competent, active learner. We follow their curiosity, encouraging independence, choice, and meaningful exploration.

### • Reflective, Caring Practitioners

Our experienced team continuously reflects on practice, using professional development and observations to tailor learning to each child's needs.